

**Proposal to**

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From  
Australian Centre Of Performance and Arts

*Re: Creative Arts Workshops*

## **Profile of Program Director/Coordinator**

A passionate participant, experienced communicator, and teacher of the creative arts in relation to acting techniques, script writing, theatre production, drama — stage, film and television, Lindsay Saddington's arts involvement exceeds 20 years.

The author of two very diverse film scripts — a 'Black Comedy' and a 'Period' drama, Lindsay is currently negotiating the production of the latter — an Australian gold fields drama. In addition to this, he is creating, producing and directing concepts for Cabaret Voltaire — Melbourne's weekly musical theatre fix.

With this background and versatility Lindsay has the credentials—the skills, to ensure success and to develop, execute and co- experience and commitment ordinate a dynamic creative arts program on behalf of \_\_\_\_\_.

Lindsay has taught privately for more than 20 years and currently runs two businesses; Saddington Studios which markets and promotes career orientated students; and Australian Centre of Performance and Arts, a school which offers tuition in all aspects of performing arts for full-time, part-time and casual students.

## **Previous teaching appointments and course development:**

2004 (current)	Director, Australian Centre of Performance and Arts, North Melbourne
1998-2003	Acting technique classes, William Bates Academy of Performing Arts, Melbourne
1992-1995	Acting classes, Judy Young Studios, Forest Hills
1990-1992	Theatre Arts, Bachelor of Arts, Victoria College, Deakin University
1988-1990	Theatre Production, Australian Academy of Dramatic Art, Sydney
1988-1990	Acting Technique, Australian Academy of Dramatic Art, Sydney
1987-1988	Drama Therapy, Psychiatric Association, NSW
1978-1980	Drama Therapy, St John's Boys' Home
1976-1978	Royal Children's Institute for the Blind Hillside Boys' Home

During the above periods Lindsay has acted in various independent films and live theatre productions as well as taking an active role in the production process of both theatre and film. In addition to acting, directing and producing, Lindsay's passion and commitment to his profession is reflected in ongoing studies undertaken to further hone, maintain and broaden his skills.

In 1975 Lindsay completed a three year drama course at the well renowned National Theatre in St Kilda. This comprehensive course covered the full range of dramatic techniques and strategies with the objective of developing students' individual, creative style and equipping them with versatile dramatic skills.

Early in his career Lindsay completed courses at the Tait Theatre at Forest Hill, Melbourne and at the Actors' Centre, Sydney with Dean Carey (well known author of various acting publications and former lecturer of NIDA).

After completing a Bachelor of Arts with a double major — Psychology/Sociology at Victoria College (now Deakin University) in 1985, Lindsay renewed his interest in Scriptwriting and Production Management, Directing and Producing with additional courses at the Australian Film Television and Radio School. He has also completed two courses in Video Production at Open Channel in Fitzroy.

## **Scriptwriting Credits**

### **Film**

#### *'On The Edge'*

A black comedy about an individual's struggle with social inequalities and a decadent street culture. (90 minutes)

#### *'New Gold Mountain'*

This drama focuses on Chinese diggers on Australian Gold Fields. A story of personal sacrifice, courage and endurance, a celebration of the human spirit. (120 minutes)

### **Theatre**

#### *'Shadows of Sin '*

A theatrical musical. A psychological interplay between the conscious and the sub-conscious self.

### **Musical Theatre**

#### *'Cabaret Voltaire'*

Melbourne's weekly fix of Cabaret, from the highly renowned to the rising stars.

## **Teaching Philosophy**

Create the opportunity whereby the individuals are able to explore and challenge their unique creativity in a positive and supportive environment.

Classes are designed to help students progressively develop their skills and investigate their own personal approach within an effective, constructive environment. Students will explore various acting styles based upon their own particular experiential and emotional range. Areas covered include character development, sensory exploration, and text analysis, physical and vocal expression for film, stage and television.

### **Program Aim:**

To develop an exciting creative arts program that will have strong appeal to those interested in the arts within key targeted groups:

- Young people between 12-18 years of age
- Young adults between 18-24 years of age
- Adults 25 years+

Each program will be designed to significantly benefit those who wish to participate

or self development or career pursuits.

## **Our Program Objectives are to:**

- Introduce participants to the diverse range of creative arts by experienced, innovative staff;
- Provide varied opportunities to stimulate and enhance participants' unique creative abilities while encouraging the development of their own personal style;
- Provide constructive advice in a supportive environment ensuring participants can express themselves without fear of criticism;
- Help participants realize where they are as individuals, develop their sense of being, intuitive abilities and self belief that they are capable of a diverse range of creative activity;
- Positively optimise participants' self-development in relation to confidence, self-esteem, motivation, a 'can do' attitude and achievement by providing enriching opportunities to experiment in different creative mediums;
- Develop the social, interpersonal, leadership and interactive group skills of participants;
- Provide exciting holiday programs that will excite and enthuse children between the ages of 13 to 18 by involving them in a range of creative pursuits. However, special programs could be created for younger students;
- Offer the career oriented and more serious students a pathway to the more comprehensive programs of Part Time and Full Time study. These courses will enable students to pursue their creative interests in greater depth whilst equipping them with the foundation skills and knowledge to explore career prospects or other enjoyable past time opportunities such as amateur theatre.

## **Benefits to**

This unique program will contribute towards promoting the image and reputation of the \_\_\_\_\_ as a significant and dedicated body focused upon the positive development of its patrons. Individuals and the \_\_\_\_\_ community will benefit through the opportunities afforded by these creative courses - individuals through positive self development outcomes, communities through the social benefit outcomes of an exciting Performing Arts Educational Program.

The \_\_\_\_\_ will be seen as a provider of a unique program of creative arts courses that offers a pathway to an advanced level. The courses will appeal to individuals keen to involve themselves in creative pursuits either as a hobby, for self-development or as a professional career.

## **Outline of Proposed Courses**

Please note: while the following are proposed course outlines, all course programs will have a flexible format. Providers will be able to adapt their course to suit the group dynamics and to incorporate the requirements of individuals.

### **Two Hour Introductory Workshop**

An introduction to basic acting techniques, character development from script, improvisation using scenes and characters

#### ***Who Should Attend***

Those who would like to:

- Gain an appreciation of what acting and drama courses offer
- Test their interest in creative pursuits
- Challenge their knowledge of themselves

#### ***Duration:***

- 2 Hours (one off classes)

#### ***Cost:***

- \$200

### **Workshops**

These sessions will be interactive and provide opportunities to explore various acting techniques or to experiment with a specific creative focus activity in mind.

#### ***Who Should Attend:***

- Those who wish to explore their creative interests and experiment with expressing their creative abilities (either acting or writing) and in a stimulating and supportive environment without fear of criticism;
- Those who enjoy the creative arts — drama, theatre, television and film, and dance;
- Those who wish to enhance their self-confidence and presentation skills

#### ***Duration of Workshop:***

- 1 hour (weekly)
- 2 hours (weekly or fortnightly)
- 6 hour Sunday (one off)

#### ***Cost:***

- 1 Hour -\$100
- 2 Hours - \$175
- 6 Hours - \$500
- Note: Community Centres may charge for the classes at their own discretion